

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

COOKING UP FUN FOR YOUR KIDS

Jr. Chef AcademyNORTHWEST, EAST & DOWNTOWN YMCA's

Level 1: Build basic culinary skills, incorporating nutrition and fun food experiments while making new recipes each week. This Academy includes a chef hat and apron, progress reports, and a kid-prepared recipe showcase at the end of the 10 week session! Ages: 6-12, 75-minute classes

Level 1 sessions:

Northwest YMCA:

Wednesdays, 6:00-7:15P, 3/24/2021-5/26/21

<u>OR</u>

East YMCA:

Mondays, 5:30-6:45P, 4/12/2021-6/21/2021, skips 5/31

<u>OR</u>

Downtown YMCA:

Tuesdays, 5:30-6:45P, 4/20/2021-6/22/2021

Fee: \$33/month bankdraft for three months or \$99/3-month session (member rate). Financial assistance is available. Enroll in person or by phone for the Jr. Chef Academy. Space limited. *Must contact Tammi prior to class start if child has a food allergy.

COVID-19 Note: we value the safety of participants, masks required except when eating in class. We sanitize before, during and after classes.

Questions? Contact Tammi Krier, YMCA Healthy Eating Director: 316-776-8176 or tammi.krier@ymcawichita.org

Program in Personify: Check YES for 'Childcare Program', then under 'Program' Subsystem, 'Jr Chef' Classification (NW drafts: Mar/Apr/May. East & DT draft: Apr/May/Jun)

Thanks to a partnership with Delta Dental of Kansas and American AgCredit, we are able to offer a new, lower price for this program in 2021!

