

Revised 08/10/20

# EAST YMCA

## Open Gym Schedule

Effective 9/8/20—10/31/20

The Y offers the following open gym times as part of your membership. During times not listed below, the gyms are closed for youth sport leagues, group exercise, summer day camp or instructional classes. All schedules are subject to change and can be found on our Y mobile app, [ymcawichita.org](http://ymcawichita.org), and any YMCA membership desk.

### CONNECT THROUGH OUR FREE APP



Find FULL SCHEDULES for our locations as well as workouts, rewards, support tools, and much more in our FREE app.  
**SEARCH FOR "WICHITA YMCA APP"**

#### EAST GYMNASIUM—COURT 1

Times listed below are available for recreational gym use.

|           |             |
|-----------|-------------|
| Sunday    | 6:30A–7:00P |
| Monday    | 4:30A–9:00P |
| Tuesday   | 4:30A–9:00P |
| Wednesday | 4:30A–9:00P |
| Thursday  | 4:30A–9:00P |
| Friday    | 4:30A–9:00P |
| Saturday  | 6:30A–7:00P |

#### WEST GYMNASIUM—COURT 2

Times listed below are available for recreational gym use.

|           |             |
|-----------|-------------|
| Sunday    | 6:30A–7:00P |
| Monday    | 4:30A–9:00P |
| Tuesday   | 4:30A–9:00P |
| Wednesday | 4:30A–9:00P |
| Thursday  | 4:30A–9:00P |
| Friday    | 4:30A–9:00P |
| Saturday  | 6:30A–7:00P |

#### GYM RULES

- Dunking and/or hanging on basketball goals is not allowed.
- No food or drink is allowed in the gym, except for water in non-breakable container
- Please do not use profanity; we are a family facility

#### PICK-UP BASKETBALL

Pick-up basketball games are for ages 18+ and take place Monday-Friday from 12–2:00P. Shirts must be worn at all times.

#### INDOOR TRACK

Access to the indoor tracks is included in your membership. Members 13+ may use the track during regular hours of operation. Children under age 13 must be accompanied by an adult and may have restricted access.

#### RACQUETBALL/HANDBALL

Access to racquetball courts is included in YMCA membership, and equipment is available for check out at the front desk. Reserve your court online up to 24hrs in advance [ymcawichita.org/racquetball](http://ymcawichita.org/racquetball).

#### BE PART OF A TEAM

Enroll for youth sports like basketball, soccer, and baseball. Register at the front desk or online at [ymcawichita.org](http://ymcawichita.org).

#### BE A ROLE MODEL

Become a volunteer YMCA Coach. Ask ANY Sports Director for details.