

# NEWTON YMCA

## Open Pool Schedule

Effective 6/22/20—8/31/20

The Y offers the following times for open recreational and lap swimming as part of your membership. During times not listed below, the pools are closed for swim lessons and/or water exercise classes. All schedules are subject to change and can be found on our Y mobile app, ymcawichita.org, and any YMCA membership desk.

<b>FAMILY RECREATIONAL POOL</b> Times listed are available for open swim.	
<b>Sunday</b>	6:30A–6:30P
<b>Monday</b>	4:30A–9:30A
	9:30A–11:15A (shallow only)
	11:15A–8:30P
<b>Tuesday</b>	4:30A–8:00A
	8:00A–11:15A (shallow only)
	11:15A–8:30P
<b>Wednesday</b>	4:30A–9:30A
	9:30A–11:15A (shallow only)
	11:15A–8:30P
<b>Thursday</b>	4:30A–8:00A
	8:00A–11:15A (shallow only)
	11:15A–8:30P
<b>Friday</b>	4:30A–8:30P
<b>Saturday</b>	6:30A–6:30P

<b>LAP POOL</b> Times listed below are available for lap swim. Minimum available lanes are noted.		
<b>Sunday</b>	6:30A–6:30P	6 lanes
<b>Monday</b>	4:30A–6:30P	6 lanes
	6:30P–7:15P	4 lanes
	7:15P–8:30P	6 lanes
<b>Tuesday</b>	4:30A–8:30P	6 lanes
<b>Wednesday</b>	4:30A–8:30P	6 lanes
<b>Thursday</b>	4:30A–8:30P	6 lanes
<b>Friday</b>	4:30A–8:30P	6 lanes
<b>Saturday</b>	6:30A–6:30P	6 lanes

### CONNECT THROUGH OUR FREE APP



Find FULL SCHEDULES for our locations as well as workouts, rewards, support tools, and much more in our FREE app.

**SEARCH FOR "WICHITA YMCA APP"**

### FEATURES:

The following features are available during the noted times.

#### Play Structure

Mon: 12:00P–7:15P & 8:15P–9:30P  
 Tue: 12:00P–5:15P & 7:30P–9:30P  
 Wed: 12:00P–1:00P & 2:00P–9:30P  
 Thu: 12:00P–5:15P & 7:30P–9:30P  
 Fri: 10:00A–8:30P  
 Sat–Sun: 11:45A–7:00P

#### Hot Tub

The Hot Tub is available for members and guests 18+ during regular operating hours. Closed for cleaning Friday 8:00A–1:00P.

#### Lap Lengths

70 lengths (35 laps) = 1 mile  
 35 lengths (17.5 laps) = 1/2 mile  
 18 lengths (9 laps) = 1/4 mile

### OTHER OPPORTUNITIES:

#### 100 Mile Swim Club

Record your laps throughout the year and earn a t-shirt for achieving 100 miles. Free to Y members. Ask any lifeguard for details.

#### Building Swim Skills

Whether you are a new swimmer or need to improve your existing skills, the Y is here to help you build strong skills and confidence in the water. Private Swim Lessons available.

## **FAMILY POOL RULES (all locations)**

- Shower before entering any pool/whirlpool.
- Children under age 8 must be accompanied by and within arm's reach of an adult at all times, unless in an organized program such as swim lessons.
- An adult may accompany no more than 3 children under age 8.
- No running. No diving, unless in a designated diving area (limited locations).
- No street shoes on the pool deck.
- Only U.S. Coast Guard approved life jackets and flotation devices are permitted. YMCA life jackets are available for small children.
- Swimmers must wear appropriate swimsuits. No jewelry or suits with zippers, rivets or other damaging objects allowed on slides.
- Children not potty-trained MUST wear a swim diaper while in the pool.
- Persons with a contagious disease, open sores, infectious conditions are prohibited from swimming.
- No smoking, tobacco or alcohol is allowed. Individuals under the influence of drugs or alcohol are not permitted.
- No gum, food or drink allowed in the pool. No glass of any kind allowed.
- This is a family friendly facility, please no intimate contact. Abusive, foul or racial remarks are prohibited.

## **LAP POOL RULES**

- Choose an appropriate lane for your speed
- At peak times, swim in a circular pattern sharing lanes down on the right, back on the left
- 35 lengths = 1/2 mile, 70 lengths = mile