

STEVE CLARK YMCA

Open Gym Schedule

Effective 6/22/20—09/6/20

The Y offers the following open gym times as part of your membership. During times not listed below, the gyms are closed for youth sport leagues, group exercise, summer day camp or instructional classes. All schedules are subject to change and can be found on our Y mobile app, ymcawichita.org, and any YMCA membership desk.

CONNECT THROUGH OUR FREE APP



Find FULL SCHEDULES for our locations as well as workouts, rewards, support tools, and much more in our FREE app.
SEARCH FOR "WICHITA YMCA APP"

WEST GYMNASIUM— WU COURT 1	
Times listed below are available for recreational gym use. Schedule is subject to change.	
Sunday	8:00A –7:00P
Monday	5:30A-9:00P
Tuesday	5:30A-9:00P
Wednesday	5:30A-9:00P
Thursday	5:30A-9:00P
Friday	5:30A-9:00P
Saturday	8:00A –7:00P

EAST GYMNASIUM— Y COURT 2	
Times listed below are available for recreational gym use. Schedule is subject to change.	
Sunday	8:00A –7:00P
Monday	5:30A-9:00P
Tuesday	5:30A-9:00P
Wednesday	5:30A-9:00P
Thursday	5:30A-9:00P
Friday	5:30A-9:00P
Saturday	8:00A –7:00P

GYM RULES

- Dunking and/or hanging on basketball goals is not allowed.
- No food or drink is allowed in the gym, except for water in a non-breakable container
- Please do not use profanity; we are a family facility

PICK-UP BASKETBALL

Pick-up basketball games are for ages 18+. Shirts must be worn at all times.

INDOOR TRACK

Access to the indoor tracks is included in your membership. Members 13+ may use the track during regular hours of operation. When accompanied and supervised by a parent/adult, children ages 9-12 may use the track.

BE PART OF A TEAM

Enroll for youth sports like basketball, soccer, and baseball. Register at the front desk or online at ymcawichita.org.

BE A ROLE MODEL

Become a volunteer YMCA Coach. Ask ANY Sports Director for details.

GYM RULES

NO DUNKING and/or HANGING is allowed on basketball rims

NO Black-soled shoes are allowed

NO FOOD or DRINK allowed in the gymnasium. The only exception is for water in a non-breakable container

Profanity is not tolerated; we are a family facility

Equipment will be returned to the front desk after use

PICK-UP GAME RULES

1. Obey the rules at all times
2. The first 10 players play the game
3. New players have first priority over losing team players
4. All shots count as 1's; games to 10, win by one.
5. Three game max for winning team limit on either court

NOON BALL RULES

1. Gym Rules and Pick-Up Game Rules 1 thru 4 apply to Noon Ball Rules.
2. Players must be age 18 or older.
3. If only one court is in use, first game ends, next 10 players in (first ones waiting are first in line). If less than 10 then pick numbers for replacements.
4. If 5 or less waiting, loser pick the numbers; if more than 5 waiting, then winners pick the numbers.
5. If two courts in use, with 10 playing on each, same rules for one court in use, set forth above, apply to each court.
6. New players coming in to the gym shall choose either the East court or West court and they shall play on that court during Noon Ball as long as there are 20 or more players. (If you have to sit out a game on East court, for example, you cannot go to the West court and get in line). The exception is when one court falls below 10 players, in which case, the players waiting for the other court can change courts at that point.
7. Once a court has less than 10 players available, the players from that court can get in line on the other court and the rules for "One Court Only In Use" apply but these players are "behind" any players waiting on the other court.