

YOUTH AND FAMILY



At the Greater Wichita YMCA, we are about community and providing fun opportunities for families. Whether it's playing basketball together, enjoying the pool, or a safe place for your child to play and make new friends, we know we can be the favorite choice for you and your family.

GROUP EXERCISE: ages 9-12 with a parent/guardian

Join your child for a kid-friendly class like ZUMBA® Fitness, Cardio CRAZE, and more. Kids 4'10" or taller can participate in Cycle and Water Exercise. See Group Exercise schedules for days/times. FREE with your family membership.

FAMILY RECREATION: all ages

Have fun in the pool, play basketball, racquetball and socialize with other families during open recreation times. Schedules for open swim and open gym times are available at ymcawichita.org/group-exercise-schedule or at any YMCA location. FREE with your family membership.

DID YOU KNOW? Youth ages 13+ can utilize most YMCA services including the indoor track, fitness centers (some equipment limitations apply) and group exercise classes.

FINANCIAL ASSISTANCE:

The Y believes that opening doors can close gaps. That's why we welcome everyone to participate in our programs and services. Confidential applications for income-based financial assistance are available at any YMCA location or online at ymcawichita.org.

MARTIAL ARTS: ages 5+

Enjoy this fun activity that's great for kids and the whole family. Improve your self-confidence, self-control, concentration, coordination, reflexes and overall health as you learn self-defense techniques. Uniforms and testing are optional for all YMCA Martial Arts classes. Taekwondo and Karate are offered at varying locations. See back of flyer for details.

Taekwondo: ages 8+ | 60-min | Tuesday and/or Thursday 6:30P

Fees: \$27/ 1 class per week | \$54/2 classes per week

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