# **STEVE CLARK YMCA**

Open Gym Schedule Effective 1/06/20—05/31/20

The Y offers the following open gym times as part of your membership. During times not listed below, the gyms are closed for youth sport leagues, group exercise, summer day camp or instructional classes. All schedules are subject to change and can be found on our Y mobile app, ymcawichita.org, and any YMCA membership desk.

WEST GYMNASIUM— WU COURT 1 Times listed below are available for recreational gym use. Schedule is subject to change.		
Sunday	8:00A –10:00P	
Monday	5:30A-11:00A	
	1:00P-11:00P	
Tuesday	5:30A-11:00A	
	1:00P-11:00P	
Wednesday	5:30A-11:00A	
	1:00P-11:00P	
Thursday	5:30A-11:00A	
	1:00P-11:00P	
Friday	5:30A-11:00A	
	1:00P-9:30P	
Saturday	8:00A-8:00P	

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Sunday	8:00A –10:00P
Monday	5:30A-11:00A
	1:00P11:00P
Tuesday	5:30A-11:00A
	1:00P-11:00P
Wednesday	5:30A-11:00A
	1:00P-11:00P
Thursday	5:30A-11:00A
	1:00P-11:00P
Friday	5:30A-11:00A
	1:00P-9:30P

8:00A-8:00P

EAST GYMNASIUM— Y COURT 2

## **GYM RULES**

- Dunking and/or hanging on basketball goals is not allowed.
- No food or drink is allowed in the gym, except for water in nonbreakable container
- Please do not use profanity; we are a family facility

#### **PICK-UP BASKETBALL**

Pick-up basketball games are for ages 18+ and take place Monday-Friday from 11:00A-1:00P. Shirts must be worn at all times.

## **INDOOR TRACK**

Access to the indoor tracks is included in your membership. Members 13+ may use the track during regular hours of operation. Children under age 13 must be accompanied by an adult and may have restricted access.

Saturday

### **BE PART OF A TEAM**

Enroll for youth sports like basketball, soccer, and baseball. Register at the front desk or online at <u>ymcawichita.orq</u>.

#### **BE A ROLE MODEL**

Become a volunteer YMCA Coach. Ask ANY Sports Director for details.

Revised 01/02/20

CONNECT THROUGH OUR FREE APP



Find FULL SCHEDULES for our locations as well as workouts, rewards, support tools, and much more in our FREE app. SEARCH FOR "WICHITA YMCA APP"