# **DENNIS SCHOENEBECK NORTH YMCA** WINTER DANCE

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SCHEDULES, WORKOUTS, REWARDS, AND MORE

Effective 01/04/20 - 05/31/20

MONTHLY CLASSES	AGES	TIME	MON	TU	WED	тн	FR	SA	SU
HOP SKIP JUMP (Wear comfortable clothes)	2-3	30-min							
WIGGLES & GIGGLES (No tap shoes needed)	3	30-min	10:00A		5:00P			10:00A	
DANCE WITH ME	4-5	30-min	11:15A		5:35P			10:35A	
YOUNG BEGINNER	6-7	45-min			6:10P			11:10A	
BEGINNER	8-11	45-min			7:00P			12:00A	
ADULT TAP	18+	45-min		11:30A	7:55P				
ADULT BALLET	18+	45-min	7:45P						
ACADEMY CLASSES (ages a	re guidelin	es, placem	ent based	on skill)					
CREATIVE MOVEMENT	3	30-min			10:00A				
PRE-DANCE I	4-5	45-min	10:30A		10:35A			10:35A	
PRE-DANCE II	5-6	45-min	5:00P		5:00P			10:35A	
LEVEL I JAZZ/TAP	6-7	60-min	6:40P	5:00P					
LEVEL II JAZZ/TAP	8-11	60-min				5:00P			
LEVEL I BALLET	6-7	45-min	5:50P					11:25A	
LEVEL II BALLET	8-11	45-min							
LEVEL III JAZZ	8+	45-min				6:45P			
LEVEL III BALLET	8+	45-min				6:00P			
LEVEL III TAP	8+	45-min				7:30P			
HIP HOP I	6-9	45-min		6:05P					
HIP HOP II	10+	45-min		5:00P					
HIP HOP III	10+	45-min		6:50P					
MUSIC THEATRE LEVEL I	6-9	60-min			6:55P				
MUSIC THEATRE LEVEL II	10+	60-min			6:55P				

#### DANCE COMPANY (AVAILABLE AT NORTH AND NORTHWEST YMCA)

Contact the Dance Director for Dance Company information: natasha.jones@ymcawichita.org or 316.776.8305

**DANCE FEES:** 

Monthly \$27/month

Academy \$35/month 1 class/week \$52.50/month 2 classes/week \$70/month 3 classes/week

Registration Fee: \$30 per family, due at enrollment Costume Fee: \$50 per class, due Nov. 1 2019

Company Available at North and Northwest Contact director for more information

**Private \$20** per 30-min session **\$15** per 30-min session, per person Semi-private

**CLASS ATTIRE: Monthly Classes:** Leotard, tights, pink leather ballet shoes & black tap shoes Academy Classes:

Creative Movement: Leotard, tights, pink leather ballet shoes

Pre-Dance I and II: Leotard, tights, pink leather ballet shoes & black tap shoes Academy I-III: Ballet: Leotard, tights, pink leather ballet shoes

Tap/Jazz: leather jazz shoes & black tap shoes

Academy III-IV: pink leather ballet shoes, black tap shoes & black leather jazz shoes

Hip Hop: athletic clothing and tennis shoes

Fees appear as member rates. Community participants/non-members pay an additional \$20 for eligible programs, unless otherwise indicated.



## **MONTHLY CLASSES**

Register online or at any YMCA location

HOP, SKIP, JUMP: ages 2-3 | 30-minutes

This parent participation class will begin teaching motor skills and rhythm to your young dancer.

WIGGLES AND GIGGLES: age 3 | 30-minutes

Basic ballet technique will help develop coordination, rhythm and timing while dancing to music.

DANCE WITH ME: ages 4-5 | 30-minutes

Continue developing ballet technique with center and across the floor ballet combinations. Dance vocabulary and tap dance will be introduced.

AGE-BASED LEVELS: With three age-based levels, coordination, timing and rhythm will develop as dance routines are taught. Your dancer will learn ballet, tap and jazz techniques.

YOUNG BEGINNER: ages 6-7 | 45-minutes

BEGINNER: ages 8-11 | 45-minutes

TEEN: ages 12+ | 45-minutes

## **ACADEMY CLASSES**

Register at any YMCA location, not available online

CREATIVE MOVEMENT: age 3 | 30-minutes

Introduction to dance and song. Focus on basic ballet techniques, rhythm, and timing to music. Dancers will begin learning proper ballet and classroom etiquette.

PRE-DANCE I: ages 4-5 | 45-minutes

Includes ballet and tap. Builds on techniques learned in Creative Movement and learn dance vocabulary.

PRE-DANCE II: ages 5-6 | 45-minutes

Previous dance experience not required. Introduction to the dance environment of proper etiquette and vocabulary, while teaching techniques in ballet and tap.

MUSIC THEATRE: Level I: ages 6-9 | 60-minutes Level II: ages 10+ | 60-minutes

Performers will be taught the three disciplines of musical theater: singing, acting and dancing.

ACADEMY I and II: Level I: ages 6-7 | Level II: ages 8-11

**BALLET:** 45-minutes | Focus in classical ballet structure. Dancers define poise and posture, then move to the barre for body placement, proper technique, and flexibility. These skills will then be used across the floor.

TAP/JAZZ: 60-minutes | Introduction to the elements of sound in tap. Across the floor and center combinations help develope coordination and rhythm. Focus on flexibility and different styles of jazz dance, such as modern and lyrical jazz.

HIP HOP: Level I: ages 6-9 | Level II: ages 10+ | Level III: ages 13+ | 45-minutes

Blend urban and freestyle moves into choreography.

ACADEMY III and IV: ages 8+ | 45-minutes

Tap, ballet and jazz are offered as separate classes to focus on a specific discipline designed for the intermediate to advanced dancers.

**BALLET:** Commences with barre work to reinforce technical training from Levels I and II.

JAZZ: Contemporary jazz dance is introduced.

 $\textbf{TAP:} \ \mathsf{Modern} \ \mathsf{and} \ \mathsf{street} \ \mathsf{style} \ \mathsf{blend} \ \mathsf{of} \ \mathsf{tap}.$ 

### **DANCE COMPANY**

Travel and compete throughout the year. Perform at the Spring Recital in May and various community events. An audition for competitive teams is required. Contact your YMCA's Dance Director for more details.

PRIVATE LESSONS: ages 3+ | 30-minutes
The Y offers private/semi-private lessons tailored
to individual needs and ability. Please contact your
YMCA's Dance Director for more information.

#### FINANCIAL ASSISTANCE:

The Y believes that opening doors can close gaps. That's why we welcome everyone to participate in our programs and services. Confidential applications for income-base financial assistance are available at any YMCA location or online at ymcawichita.org.